

all our dishes
are freshly prepared
on the premises from
carefully sourced
premium ingredients

"we just thought you
would like to know"

sandwiches
available

12.00 noon ~ 6.00 pm

chargrilled steak sandwich
with fries and
bearnaise sauce
sirloin 9.50 fillet 12.50

roasted chicken
club sandwich
with fries
6.50

smoked salmon
on toasted brioche
with cream cheese, dill,
cucumber and cress
7.95

goats cheese, grilled
mediterranean vegetables
and rocket on toasted
ciabatta with fries (v)
6.50

bakery

selection of freshly baked foccacia and organic tuscan bread,
served with extra virgin olive oil (v) 3.25
garlic bread (v) 2.95

appetisers

greek pitta bread with humous (v) (n) 3.00
bowl of olives (v) 3.00

to share

mezze;
olives, flat bread, humous, falafel, tzatziki,
sweet pepper and aubergine relish, tabbouleh,
savoury greek pastries and baby red peppers
filled with feta cheese (v) (n) 11.75

asian plate;
thai prawn cakes, duck spring rolls, chilli squid,
vietnamese vegetable and mint salad, tempura
king prawns and malayan chicken skewers (n) 13.95

starters

roasted red pepper and tomato soup (v) 4.75
smoked haddock hash brown with a lightly poached
free range egg and chive butter sauce 6.50
thai prawn cakes with sweet chilli sauce 5.95
chilli squid with thai noodle salad 6.75
loch fyne scottish smoked salmon and
gravadlax with mustard dressing 7.95
tempura of king prawns with chilli and lime jam 7.95
fresh asparagus with a lightly poached free range egg
and hollandaise sauce (v) 6.25
baked mushrooms with goats cheese
and caponata (v) (n) 6.50
crispy duck spring rolls with a plum and
pineapple dipping sauce (n) 6.50
chicken liver and foie gras pate with toasted tuscan bread 6.50

salads

sweet fig and goats cheese salad with prosciutto,
balsamic and honey 6.25/10.50
nicoise salad with grilled line caught yellow fin tuna 6.95/11.25
classic caesar salad with chargrilled chicken 5.95/9.95

pasta, risotto

spicy shrimp risotto 5.95/9.75
wild mushroom risotto with parmesan wafer (v) 5.75/9.50
smoked haddock and leek risotto with a
lightly poached free range egg 5.75/9.50
king prawn linguine with coriander, ginger
and sweet chilli sauce 10.50
artisan handmade tortelloni filled with
slow cooked scotch beef ragu and tomato sauce 6.95/10.95
baked summer squash and goats cheese cannelloni (n) (v) 11.95

All meat weights denoted are pre-cooked.
(n) denotes dishes which contain nuts or traces of nuts.
(v) denotes dishes which are vegetarian.
Due to the presence of nuts in our restaurants, there is a small possibility that nut
traces may be found in any of our items.
All prices are in £ & inclusive of VAT.
There is a discretionary 10% service charge for parties of 6 or more.

fish

fish and chips, mushy peas with tartare sauce
and lemon 13.95
salmon fishcakes, spinach with lemon
and dill butter sauce 13.75
seabass, tandoori baked with mint yoghurt
or simply grilled with lemon 16.50
roasted halibut with crab and herb crumb
asparagus and shellfish dressing 18.75
grilled organic salmon with peas, broad beans
and broccoli served with hollandaise sauce 14.95
grilled swordfish with chilli beans and guacamole 15.50

meat

marinated breast of chicken with malayan
spices, sweet potato, coconut and lime (n) 13.95
thai green curry and fragrant rice
with chicken (n) 13.95
or sweet potato and vegetables (n) (v)
crispy duck with chinese greens, sesame
and honey dressing (n) 14.75
free range gloucester old spot sausages with
mashed potatoes & onion gravy 10.75
calves liver with dried cured bacon
mashed potatoes and onion rings 15.25
roast lamb cutlets with a fondant potato, baby carrots,
peas, broad beans and mint 17.50
8oz scotch aberdeen angus beefburger with
monterey jack cheese, hand cut chips
and barbeque sauce (n) 10.95
chargrilled 12oz, 21 day aged aberdeen angus
beef rib reared in the speyside valley 23.00
8oz chargrilled rib eye steak with roasted vine tomato,
mushrom and béarnaise sauce 17.50
6oz fillet steak with hashbrown
potatoes and peppercorn sauce 19.50
8oz fillet steak simply grilled with
roasted vine tomato and mushroom 21.50
side orders
hand cut chips 2.95
fries 2.95
new season potatoes with parsley butter 2.95
mash 2.95
seasonal greens 2.95
pak choi with chilli and garlic 2.95
buttered spinach 3.50
mixed salad 2.95
rocket and parmesan 3.50
vine tomato & red onion salad 3.50